

Dream of a summer night

On Friday 7th June Edinburgh Zoo opened its gates for Dreamnight 2013 after three long years! Kindred was one of the organisations privileged to distribute tickets to families of children with additional needs and we were delighted that 45 Kindred families attended the event. Here is feedback from just one :



"Dreamnight for me and my family was a great fun, relaxed and accepting night! Kids got a chance to fit in and didn't feel judged! Overall it felt like an actual great dream!"

We would like to thank every one at the zoo, including the pandas, for offering such a unique experience to children with additional needs and their families. We are dreaming of the next one already!

Pictured left: Leon, a Dreamnight VIP and his family enjoying some quality Zoo-time

Kindred - an update with thanks

In the last year we have received significant new grants from the Third Sector Early Intervention Fund (Scottish Government), Self Directed Support (Scottish Government), and Sick Kids Friends Foundation. This funding has brought us much appreciated security as well as some exciting new developments. Please feel welcome to ring and ask for our annual report to find out more about our progress. As you may recall, the last financial year (April 2012 - March 2012) was particularly challenging.

In addition to those thanked in our newsletter in January 2013, we are grateful for the well-timed generosity of our supporters including:

- AEGON who donated £19000 through staff fundraising
- Asda Halbeath store who donated £400 for our new Fife leaflet
- Currie High School who raised £450 with an end of term dress up day
- Ian Rankin who nominated Kindred to receive over £1500 of funds raised from a "meet the author" evening held at Merchiston Castle - thanks also to the school for organising the event and to The Edinburgh Bookshop who passed on £250 of profits from associated book sales
- James McGuire who donated a further £6000 to Adam Bojelian's fundraising efforts for Kindred - many thanks to Adam too
- Souter Charitable Trust which donated £5000

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Notice of Kindred AGM

When? Wednesday 30th October

Time? 4 pm to 5pm

Where? Kindred's West End Office
7 Rutland Court Lane, EH3 8ES

If you would like to come please
call 0131 538 5650 or
email kindred.enquiries@gmail.com

Please note you need to be a member to attend our AGM - please complete and return the enclosed slip.

Discoveries

Asking, Listening, Learning, Sharing

A chance to meet other parents and share unique information and support

We promise a warm welcoming atmosphere

Kindred is offering parents and carers of children with additional needs the chance to take part in our events. These events offer parents and carers the chance to meet with other parents and to hear from professionals in the sector in a relaxed, informal setting. We want to help families feel more confident and in control.

Are you a parent of a child aged 5 or under who has additional needs?

- 02 September** Discovering support 2
 - 09 September** Using music to enrich development
 - 16 September** Sounds and words
 - 23 September** Benefits—what's what?
 - 30 September** Thinking about education
 - 07 October** Tea, cake and Gorgie Farm
- When?** On the above MONDAYS 10.30am-12pm
Where? Marchmont St Giles, Kilgraston Rd, EH9 2DW



Do you have a child age 5-11 with Autism?

- 03 September** Managing challenging behaviours
 - 10 September** Autism & self-esteem
 - 17 September** Your community services
 - 24 September** Finding the right school
 - 1 October** Respite & leisure options
 - 08 October** Gambado fun day
- When?** On the above TUESDAYS 10.30am-12pm
Where? Kindred, 7 Rutland Court Lane, EH3 7JN



NOTICEBOARD

Scottish Autism's Right Click Online Support for parents

Scottish Autism have an online support, information and training programme for parents of young children with Autism and one for teenagers/young people with Autism.

Currently, there is availability for both the Young Child and Teen programmes commencing in September 2013 and October 2013.

For more information, including dates involved, see www.scottishautism.org or call 01259 720044.

Know any Pokémon fans?

The Edinburgh Pokémon League meets every Sunday at the Inch Park Community Sports Club, 227 Gilmerton Rd, Edinburgh, EH16 5UD.

League sessions are usually from 11AM - 3PM, attendance is free, and anyone with a 60-card deck of Pokémon cards or a Pokémon video game is welcome to drop in!



Dynamic Earth seeks feedback!

Have you used our Golden Ticket to visit Dynamic Earth before? To let them know what you thought please complete a short confidential survey available on our website.



Haven't heard of the Golden Ticket? Well, thanks to Dynamic Earth we are able to offer children with additional needs, and up to 11 of their friends and family, a chance to visit Dynamic Earth for free. Interested? Simply email us at kindred.enquiries@gmail.com or call us on 0131 538 5650.

Kindred membership URGENT call for new members

Since Kindred became a limited company, we are required to have a certain number of recognised members. We are dependent on your support.

Membership allows you to vote on running our organisation, electing a committee, voting at an AGM or ballot. However it doesn't require a large time commitment - you can choose not to attend the AGM.

If you do not want to be a member, you will still receive our services. We hope you will want to support Kindred as a member.

If you wish to support Kindred as a member please contact us. An application form is enclosed with this newsletter. Email kindred.enquiries@gmail.com or call 0131 538 5650. Thank you.

For parents and professionals at our support sessions in Edinburgh this autumn.

...ng atmosphere and cuppa whatever the weather!

A series of events organised in partnership with four other Edinburgh-based organisations, led by key professionals in areas such as health, education and the voluntary sector, to provide support and services in their child's life.

kindred



thistle
Foundation



Are you the parent/ carer of a young person age 14-18 approaching transition?

- 04 September** Benefits for young adults
- 11 September** Self-Directed Support: how it works
- 18 September** Transition with Social Work Service
- 25 September** Alternatives to school & college
- 09 October** Guardianship & Power of Attorney
- 23 October*** Catch up with other parents and providers

When? On the above WEDNESDAYS 10.30am-12pm

Where? Kindred, 7 Rutland Court Lane, EH3 8ES

* venue for 23 October TBC



Needs You! Call for members

...me a company ...e in October 2011 ...establish a ...rship, which means ...on you joining us.

...ou to be part of ...ion (for example by ...ecoming a trustee). ...quire any financial or ...ou always have the ...ne AGM.

...become a member, ...ur newsletter and all ...pe that many of you ...indred by becoming

...t Kindred by becom- ...complete the slip ...wsletter, email ...mail.com or ...thank you.

Based in Fife? Fancy a blether? The Kindred Team invites you to their Informal Parent Support Group

After the success of their informal parent support groups earlier this year our Fife Team will be holding more sessions where you can get a chance to have a cuppa and a chat with Kindred staff Linda and Lindsay, and meet other parents who also fancy a blether.

The group meets monthly on the following Wednesdays between 10 am and 12 pm at Dobbies Garden Centre, Whimbrell Place, Dunfermline, KY11 8EX:

- Wednesday 4 September 2013
- Wednesday 2 October 2013
- Wednesday 6 November 2013
- Wednesday 4 December 2013

Dobbies have kindly sectioned off the cosy area of the coffee shop that has sofas and soft seating so you should be able to relax for a while!

Don't worry if you haven't been before - this is a chance for you to meet Linda and Lindsay. You can always call us first on 0131 538 5650 or email the Fife team at kindred.enquiries@gmail.com if you want to find out more. Consider yourself invited!

Agents for Change: Kindred Young Scots

The beginning of 2013 saw an exciting development within the Kindred Young People's Service: we were asked to contribute towards a Young Scot youth participation project looking specifically at services for young people who have disabilities in Scotland around transition time. We had a core group of 12 young people who decided to investigate local advocacy services for young people with disabilities.

Our group decided to make a short film about their recommendations and this was presented at the Scottish Parliament in partnership with the other 5 projects from around Scotland, at an event hosted by the Minister for Children and Young People, Aileen Campbell MSP.

One of our Agents for Change, Myles, explained why he got involved: 'What inspired me is the fact we're looking at advocacy across Scotland. We need

to feel as though we are getting our voices heard in a way we would like them to be'. Inspiring words!

Our film will be available on Youtube soon so keep your eyes on the children and young people pages of our website for an update.



© Young Scot

Our Agents making a change at the Parliament

Saturday Nights are back!



Thanks to renewal of our Scottish Government's Better Breaks funding we will be carrying on with our exciting Saturday Nights programme for 14 to 20 year olds! From the end of September 2013, Kindred will be inviting existing members of the club to sign up for a series of 6 social get-togethers - just like last year the events are free and will be held in central Edinburgh.

Following the success of last year the club is full but we do have a waiting list for anyone wanting to join. If you would like some more information about the programme and the waiting list you can have a look at our website www.kindred-scotland.org, call Jeni or Mel on 0131 538 5650 or email kindred.enquiries@gmail.com

For those already signed up... we will be in touch soon with the full programme and we are looking forward to seeing you!

Supporting Kindred

JustGiving

You can donate online:

www.justgiving.com/kindred

Please let us know if you would like to donate another way or if you are interested in fundraising for Kindred.

Thank You.



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Web: www.kindred-scotland.org

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Scottish Charity 000264



www.facebook.com/kindred.scotland

Please let us know if you'd like our newsletter in another format, or if you'd like it emailed to you! Simply email us at kindred.enquiries@gmail.com