

She's Done It!

Huge congratulations to Lauren Queripel for completing her sponsored walk across the Forth Road Bridge and raising over £1500 for Kindred.

Lauren who is 12 years old and has Cerebral Palsy, recently underwent major orthopaedic surgery to help improve her gait, balance and posture. She undertook the 1.5 mile walk 'to thank Kindred for the invaluable support it gave during my post-operative period'.



Lauren with her mum and dad after completing her bridge crossing.

Special thanks go to The Copperbowl who donated a Curry and Karaoke Night to help Lauren and her family and friends celebrate her achievement in style, whilst raising money for Kindred. Huge thanks also go to many others including: Rogue Flowers, Ali Ford Cupcakes, Browns Hairdressing, Enhance Beauty, Swan Solutions, Howgate Restaurant, Dominion Cinema, Knockhill Racing, Mr Puffin (Bob Wightman), Glencorse Golfclub, Aerial ABW Cabs, Forth Road Bridge Management Team, Caledonian Clothing, and KitnKaboodle Cakes.

If you would like to make a donation, please go to <http://www.justgiving.com/Kathy-Queripel>

Celebrating 20 Years

This year we celebrate 20 years of providing a service to families of children with disabilities and other additional needs. It was wonderful to hold a celebratory event at the Scottish Parliament, kindly hosted by Sarah Boyack MSP.



Parent and carer Caroline Moffat-Davies talks with MSP Sarah Boyack

We could not have received a warmer welcome from the heart of Scotland's political establishment.

The highlight of the evening was an inspirational talk by Dr Helen Downie.

Thank you to all who attended.

Membership

Kindred is becoming a company limited by guarantee. As part of this process, we are revising our membership, which will now involve a one-off joining fee of £5. We hope that many of you will want to support Kindred by becoming members. Membership allows you to be part of running our organisation (for example by voting at an AGM or becoming a trustee). If you do not want to become a member, you will still receive our newsletter and all of our services.

If you wish to support Kindred by becoming a member please email kindred.enquiries@gmail.com or call 0131 538 9354

In this Issue

- **FREE Parent Information Session EXTRA DATES**
- **Ross rides high**
- **Saskia swims to Gold**
- **Thank you Adam!**
- **Cake bake in the City**
- **Thinking Ahead: FREE Seminar for Parents and Carers**
- **Stuck for Gift Ideas? Kindred Cards and Calendars available**
- **Ryan says thanks**

Kindred Christmas and New Year Opening Hours:

we close 23 Dec 2011 and will reopen 4th Jan 2012.

Season's Greetings to all!



Fun, functionality and fundraising:

Kindred Cards and Calendars. *A bright and beautiful gift!*
TO ORDER see page 4



FREE PARENT INFORMATION SESSIONS EXTRA DATES ADDED

to book call
0131 538 9354/5650
or email
**kindred.enquiries@
gmail.com**

How do I ensure
my child gets the
right support at
school?

***Do you have questions
about your child's
education?
Come and share your
experiences!***

'starting school'
(pre-school to primary; age 4-6)

- Information about the PAG process and getting started at school.

16 JAN 2012
10am—1pm

'supporting your child in school'
(primary - secondary; age 6-11)

- Information on Additional Support for Learning & Curriculum for Excellence

23 JAN 2012
10am—1pm

Ross rides high

Ross Carde, 13, impressed the judges so much at Drum RDA in May this year that he and his horse Merlin were selected to compete at the National Championships in July. Part of Ross's magic was no doubt Merlin, who he had been allowed to ride by his owners Bill and Ann Johnston.

Tragically Bill died in June which was a shock to everyone. Not only was he the local RDA group Chairman, but he was a friend to all. Ann asked that Ross still ride Merlin to compete in the Nationals as that is what Bill would have wanted. Getting down to Hartbury was another challenge, but one worth rising to: Ross and Merlin did brilliantly, coming 3rd in their class!

Lorraine, Ross's mum said "We are so grateful to Ann as well as Kindred, John Watson's Trust, Forth One and The Brown Fund for helping us with funding. In particular Kathy Queripel from Kindred worked hard on Ross's behalf to make sure we were able to go! Opportunities like this don't come along very often and the kindheartedness and support of others can make dreams come true."

And the future? Ross is currently looking for a suitable horse of his own as he has been 'talent spotted' as a possible future Paralympic Rider.



Ross and Merlin, the magic combination.

Saskia swims for Gold

Saskia Falconer aged 13 is a keen swimmer! A pupil at Kaimes school she also has a condition called pervasive development disorder, asthma and hypermobility. Due to her talent for swimming she was selected to compete in the Special Olympics National Aquatics Championship in Cardiff in October this year.

Her mum and dad along with three of her younger siblings all travelled to Cardiff to support her. They watched proudly as she scooped a Gold medal in the 50 metres freestyle and Silver in the 50 metres backstroke.

All the team at Kindred would like to congratulate Saskia on such an amazing achievement!



Saskia shows off her Olympic gold!

Thank you Adam!



Adam in training for his next challenge.

Everyone at Kindred wants to say a big thank you to Adam Bojelian who has so far raised over £4000 for our helpline!

Having already won the Brit Writer's Award for his poetry and a Gold Blue Peter badge recently, Adam now has his sights set on riding a mile on his trike on 27 April next year!

You can keep up to date with what Adam's up to by following his blog at <http://intheblinkofaneye-poemsbyadambojelian.blogspot.com/> or by visiting his donation page <http://www.justgiving.com/Adam-Bojelian>. Thanks again Adam!

Cake bake in the City



Kindred's local cake bake raised over £300 thanks to the generosity and appetites of Anderson Strathern employees! The star of the table was undoubtedly the beautiful lion cake donated by Ali Ford from Fife, which was won in a silent auction by Audrey Souness - perfect timing as a birthday gift for her daughter Ellie.

Kindred would like to extend a special thank you to Lindsay Sharp, Facilities Manager at the Edinburgh office of one of Scotland's leading full service law firms, for his help and enthusiasm organising the sale.

Thanks also to all who donated their time and goodies, and a belated Happy Birthday to Ellie.



Ellie: "the cake was absolutely beautiful and enjoyed by all".

Thinking Ahead: Free Seminar for Parents and Carers

**Planning for your own and your dependants' futures,
Powers of Attorney, Guardianship & Wills**



As we can't see into the future, it is so tempting to leave everything to chance and 'hope for the best'. But, if your child has additional needs, do you sometimes wonder about how your child will be cared for in adulthood or even into old age?

There are some quite simple steps which you can take now to protect your child's future. You may need to:

- make decisions for your child when they are over sixteen years of age if they are not able to decide for themselves (for example, medical decisions).
- make arrangements so that your savings (perhaps including your house) can eventually benefit your child or children.
- plan for the unexpected – who do you want to make decisions for your children if anything happened to you?

Although we all hope for the best, the law allows you to continue protecting your child when they become an adult.

Come along and find out about Powers of Attorney, Guardianship & Wills. This event is specially planned for parents and carers, and Kindred staff will also be attending.

Date: Tuesday 13th March 2012

Time: 9.30am – 12.30pm + buffet lunch.

Venue: Gillespie Macandrew LLP, 5 Atholl Crescent, Edinburgh, EH3 8EJ

Speakers: Elspeth Paget, Partner & Donald Winskill, Associate.

If you are interested in attending please email kindred.enquiries@gmail.com or call Mel on 0131 538 9354

Stuck for gift ideas? Need to get organised?

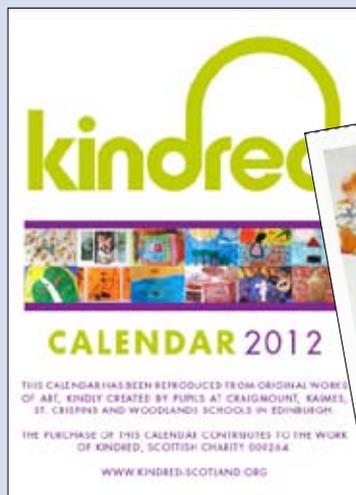
Both our calendar and cards were inspired by artwork created by pupils at Craigmount, Kaimes, St.Crispins and Woodlands Schools for the Kindred 2011 Art Competition.



8

assorted
greeting cards

blank inside for your special message



Here comes
2012!

Keep up to date with our
beautiful calendar!

calendar £8
pack of 8 cards £5

to order

visit
www.kindred-scotland.org
or call 0131 538 9354

Ryan says thanks



Ryan King, aged 7 from Fife, wanted to say thank you to Lindsay Armstrong, one of our Information and Advocacy Workers. Being interested in the Second World War he gave her this picture!
See what you can spot...

kindred

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Edinburgh
EH9 1LL

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**Please let us know if you'd like our newsletter in another format,
or if you'd like it emailed to you! Simply email us at
kindred.enquiries@gmail.com**